

Information Sheet

Ocular Health Assessment Options

We offer two optional levels to provide us with better information to help determine potential risks to your eye health without dilation:

1. **The Wellness Package:** Includes the **Optomap Retinal Imaging** and the **OCT Scanning** for \$55.00. Wellness Package is not covered by insurance at this time.
2. **Optomap Retinal Imaging** only is an option and is only \$39.00. Optomap Retinal Imaging screening is not covered by insurance at this time.
3. **Standard Dilation.** Included with price of the exam.

Optomap Retinal Imaging gives a panoramic digital image and a wide view of the retina to help detect any problems more quickly and easily and can be used for photo-documentation and future comparisons. The Optomap ultra-wide field retinal image is a unique technology that captures more than 80% of your retina in one panoramic image while traditional imaging methods typically only show 15% of your retina at one time. The unique Optomap ultra-wide field view helps your eye care practitioner detect early signs of retinal disease more effectively and efficiently than with traditional eye exams. Some of the first signs of diseases such as stroke, diabetes and even some cancers can be seen in your retina, often before you have other symptoms. An Optomap makes it easier to see them. Optomap images are created by non-invasive, low-intensity scanning lasers. No adverse effects have been reported in over 39 million sessions. It does not require the dilation of the pupils; however, if further examination is necessary based on analysis of the images taken, the doctor may choose to dilate but will inform you before proceeding.

OCT (Optical Coherence Tomography) Macular Wellness Scan: The OCT is the most sophisticated tool available for assessing eye health and managing eye conditions including macular degeneration and glaucoma. It is a sophisticated scanning system that produces highly detailed images of the retina (the inner most layer of the interior eye). This scan allows your optometrist to see detailed images of the retina, enabling them to accurately detect, monitor, and control retinal changes. This procedure is currently the only method to visualize in-depth images of the eyes internal structures. Other procedures only show the surface structures. An OCT scan can detect the early signs of macular degeneration, glaucoma, retinal edema, detached retinas as well as other eye disorders. This procedure takes only minutes and the equipment never touches the eye, so there is no discomfort. Due to the significant investment required for this state of the art equipment, not all optometrists provide this testing. The OCT machine is capable of doing much more than just the screening that is included in the wellness package, but would only be done if the doctor requires further testing based on an individual case basis.

Standard Dilation. The eye drops used for dilation cause your pupils to widen, allowing in more light and giving your doctor a better view of the back of your eye. Eye dilation assists your doctor in diagnosing common diseases and conditions, possibly at their earliest stages. It usually takes 20 to 30 minutes for dilating eye drops to begin working. People with light eye color (such as blue, green, or hazel) are more sensitive and dilate faster than people with dark eye color (brown). With dilated pupils, you will be sensitive to light and will likely find it difficult to focus on nearby objects. These effects can last for several hours, depending on the strength of the drops used may vary from individual.

Contact Lenses Examinations

If you are interested in contacts, or you already wear them and want to have your contact lens prescription updated please make sure to inform our front desk staff. This will ensure your exam includes extra time for the doctor to perform additional tests needed for a proper contact lens fitting or prescription update. Contact lenses are elective medical devices used on the ocular surface to allow for refractive error correction. Your contact lens evaluation is an additional service with separate charges, and it must be performed, in addition to the annual comprehensive eye examination whether you are a new or previous contact lens wearer. It is the detailed examination of the health of the cornea, tear film, corneal curvature, and will determine the contact lens prescription and needed parameters. The fee is determined by the level of the complexity of the prescription as well as the effects of contact lens use.

The contact lens service fee will include any follow-up appointments within 2 months from the initial fit in order to finalize the comfort and the prescription. Failure to return the finalized prescription within 2 months of the original examination date will result in an office visit charge of \$30. If longer than 6 months, then a new contact lens exam will need to be performed.

If you have any questions about the information provided in this form or need any clarification please ask one of our associates for assistance.

Thank you from our team for choosing Eye to Eye as your vision source!